

February 2026 IL – Independent Living

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9:00 St. Simon & Jude, OUT 10:30 Methodist Church, OUT 11:00 Church Service: Interdenominational Service, LR4 1:30 Mary Margaret Mann, LR4 5:00 Sundowners, LR1 | 9:00 YOGA, TH2 10:00 Monday Morning Coffee with Ling, LR4 10:00 Stretchercise, TH2 12:30 Balance, TH2 1:00 Bridge, WR2 4:00 Margarita Social Hour, LR1 | 9:00 Water Aerobics, P1 10:00 Catholic Communion, LR4 10:00 Paint w/Peggy, WR2 10:00 Stretch & Strengthen, TH2 12:30 Activity Talk, B2 1:15 Conversational Spanish, WR2 1:30 NEW! Exercise with FOX, TH2 2:00 Spanish, WR2 2:30 Deb Saulsbury: League of Women's Voters here to discuss Mail in Ballots, TH2 4:00 Social Hour, LR1 6:30 Mexican Train - Dominos, B2 | 9:00 YOGA, TH2 9:00 Water Aerobics, P1 10:00 HEB, OUT 10:00 Stretchercise, TH2 10:30 Balance, TH2 2:00 Bingo, TH2 3:00 Creative Hands - Craft Class for All, WR2 4:00 Social Hour, LR1 6:00 Bible Study, LR4 | 9:00 Water Aerobics with FOX, P1 10:00 Bible Study, TV4 10:00 Stretch & Strengthen, TH2 10:30 Waterway Walkers/ Resident Led Walking Club, LR1 1:00 Wii Bowling, TH2 1:15 IL TRIP: Trolley to Landry's for Dessert & Coffee, LR1 2:30 Dining Committee, DR1 2:30 NEW! Exercise with FOX, TH2 3:00 Brain Games, LR4 4:00 Social Hour, LR1 6:00 Dominos, B2 | 9:00 YOGA, TH2 10:00 Stretchercise 1st Class, TH2 10:30 Stretchercise 2nd Class, TH2 1:00 Mahjong, WR2 1:00 Cardio Drumming, TH2 2p Positive Living with Robert, TH2 2:00 Trivia Time, AR4 3:00 Conversation Catch with Ginger, LR4 3:45 Happy Hour with Danette, LR4 4:00 Social Hour, LR1 | 10:15 Shopping: Kroger, 10:30 NEW CLASS: Gentle Yoga with Marifer, TH2 1:00 Wii Bowling, TH2 2:00 Puzzle Fun, B2 4:00 Sundowners, LR1 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 9:00 St. Simon & Jude, OUT 10:30 Methodist Church, OUT 11:00 Church Service: Interdenominational Service, LR4 5:00 Sundowners, LR1 5:00 Resident Led Football Watch Party, TH2 | 9:00 YOGA, TH2 10:00 Monday Morning Coffee with Ling, LR4 10:00 Stretchercise, TH2 10:30 VENDOR: Mary Kay Products will be here!, DR1-L 10:30 Balance, TH2 11:00 Trinity Episcopal: Communion, TH2 1:00 Bridge, WR2 3:00 Armchair Travel with Ginger, France TH2 4:00 Margarita Social Hour, LR1 | 9:00 Water Aerobics, P1 10:00 Catholic Mass, LR4 10:00 Paint w/Peggy, WR2 10:00 Stretch & Strengthen, TH2 10:30 TRIP: Library Drop-off, OUT 1:15 Conversational Spanish, WR2 1:30 Musicology Live with Zachary, LR4 1:30 NEW! Exercise with FOX, TH2 2:00 Spanish, WR2 3:00 OPEN Meeting: Resident Association Board, TH2 4:00 Social Hour, LR1 5:30 IL TRIP: Dinner at Sakekawa 6:30 Mexican Train - Dominos, B2 | 9:00 YOGA, TH2 9:00 Water Aerobics, P1 10:00 HEB, OUT 10:00 Stretchercise, TH2 10:30 Balance, TH2 2:00 Bingo, TH2 3p Creative Hands - Craft Class for All, WR2 4:00 Social Hour, LR1 6:00 Bible Study, TV4 6:30 Heart Health Talk with Dr. Latthe, LR4 6:30 Sisterhood of the Traveling Pants: Women's Chat Group, TH2 | 9:00 Water Aerobics with FOX, P1 10:00 Bible Study, TV4 10:00 Stretch & Strengthen, TH2 10:30 Waterway Walkers/ Resident Led Walking Club, LR1 11:30 Waterway Room RESERVED 11:30-2:30 1:00 Wii Bowling, TH2 2:00 At Your Side PRESENTATION Heart Health, LR4 2:30 NEW! Exercise with FOX, TH2 3:00 NEW CLASS: A Picture is Worth A Thousand Words, with Diana, WR2 3:45 Sweetheart Social with Jimmie Hunter, LR4 4:00 Social Hour, LR1 6:00 Dominos, B2 | 9:00 YOGA, TH2 10:00 Watercolor with Sara, WR2 10:00 Stretchercise 1st Class, TH2 10:30 Stretchercise 2nd Class, TH2 1:00 Mahjong, WR2 1:00 Cardio Drumming, TH2 2:00 FOX Health Talk with Brandon, TV4 4:00 Social Hour, LR1 | 10:15 Walmart, OUT 10:30 NEW CLASS: Gentle Yoga with Marifer, TH2 1:00 Wii Bowling, TH2 2:00 Puzzle Fun, B2 4:00 Keith Robertson & Clarinet Quartet: Valentine's Day Special, LR4 4:00 Sundowners, LR1 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 9:00 St. Simon & Jude, OUT 10:30 Methodist Church, OUT 11:00 Church Service: Interdenominational Service, LR4 1:30 Music as Medicine Student Performances, LR4 5:00 Sundowners, LR1 | 9:00 YOGA, TH2 10:00 Monday Morning Coffee with Ginger, LR4 10:00 Stretchercise, TH2 10:30 Balance, TH2 1:00 Bridge, WR2 4:00 Chinese New Year Themed Dinner, DR1 4:00 Margarita Social Hour, LR1 | 9:00 Water Aerobics, P1 10:00 Catholic Communion, LR4 10:00 Paint w/Peggy, WR2 10:00 Stretch & Strengthen, TH2 1:15 Conversational Spanish, WR2 1:30 NEW! Exercise with FOX, TH2 2:00 Spanish, WR2 4:00 Mardi Gras Themed Social with Party of 2!, LR1 6:30 Mexican Train - Dominos, B2 | 9:00 YOGA, TH2 9:00 Water Aerobics, P1 10:00 HEB, OUT 10:00 Stretchercise, TH2 10:00 Catholic Communion & Ash Wednesday Service, LR4 10:30 Balance, TH2 11:00 Protestant Ash Wednesday: Trinity Episcopal, LR4 1:30 Cell Phone Tech Time with Birdie, LR4 2:00 Bingo, TH2 3p Creative Hands - Craft Class for All, WR2 4:00 Happy Hour with Blane Faul, LR1 6:00 Bible Study, LR4 | 9:00 Water Aerobics with FOX, P1 10:00 Bible Study, TV4 10:00 Stretch & Strengthen, TH2 10:30 Waterway Walkers/ Resident Led Walking Club, LR1 11:30 IL TRIP: Lunch at Pho Viet Taste, OUT 1:00 Wii Bowling, TH2 1:30 Chef's Demo with Justin, LR1 2:30 NEW! Exercise with FOX, TH2 3:00 Brain Games, LR4 4:00 Social Hour, LR1 6:00 Dominos, B2 | 9:00 YOGA, TH2 10:00 Stretchercise 1st Class, TH2 10:30 Stretchercise 2nd Class, TH2 1:00 Mahjong, WR2 1:00 Cardio Drumming, TH2 2:00 Happy Bookers: Book Club – The Frozen River, TH2 3:45 Happy Hour with Cindy St. Cyr, LR4 4:00 Social Hour, LR1 | 10:00 Girl Scout Cookie Sale! DR1-L 10:15 Shopping: Target, OUT 1:00 Wii Bowling, TH2 2:00 Puzzle Fun, B2 4:00 Sundowners, LR1 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 9:00 St. Simon & Jude, OUT 10:30 Methodist Church, OUT 11:00 Church Service: Interdenominational Service, LR4 5:00 Sundowners, LR1 | 9:00 YOGA, TH2 10:00 Monday Morning Coffee with Ling, LR4 10:00 Stretchercise, TH2 10:30 IL TRIP: Library Drop-off, OUT 1:00 Bridge, WR2 2:30 Easy Meditation with Robert, TH2 4:00 Margarita Social Hour, LR1 | 9:00 Water Aerobics, P1 10:00 Catholic Communion, LR4 10:00 Paint w/Peggy, WR2 10:00 Stretch & Strengthen, TH2 10:30 IL TRIP: Library Drop-off, OUT 1:15 Conversational Spanish, WR2 1:30 Let's Make it! Interactive Class with Diana and Ling, AR4 1:30 NEW! Exercise with FOX, TH2 2:00 Spanish, WR2 4:00 Social Hour, LR1 5:30 IL TRIP: Dinner at Azzurro Italian Cuisine 6:30 Mexican Train - Dominos, B2 | 9:00 YOGA, TH2 9:00 Water Aerobics, P1 10:00 HEB, OUT 10:00 Stretchercise, TH2 10:30 IL New Resident Orientation, WR2 10:30 Balance, TH2 2:00 Bingo, TH2 3:00 Resident Led Craft Class, WR2 3:00 Robert Landau presents, Carol Burnett TH2 4:00 IL February Birthdays with Mike Faltin, LR1 6:00 Bible Study, LR4 | 9:00 Water Aerobics with FOX, P1 10:00 Bible Study, TV4 10:00 Stretch & Strengthen, TH2 10:30 Waterway Walkers/ Resident Led Walking Club, LR1 1:00 Wii Bowling, TH2 2:30 NEW! Exercise with FOX, TH2 3:00 Brain Games, LR4 3:00 IL Town Hall, DR1 4:00 Social Hour, LR1 6:00 Dominos, B2 | 9:00 YOGA, TH2 10:00 Watercolor with Sara, WR2 10:00 Stretchercise 1st Class, TH2 10:30 Stretchercise 2nd Class, TH2 1:00 Mahjong, WR2 1:00 Cardio Drumming, TH2 2:00 Trivia Time, AR4 3:45 Go Texan Themed Social Hour with Live Music by Marlon & Wayne, LR4 4:00 Social Hour, LR1 | 10:15 Trader Joe's, OUT 10:30 NEW CLASS: Gentle Yoga with Marifer, TH2 1:00 Wii Bowling, TH2 2:00 Puzzle Fun, B2 4:00 Name That Tune, LR4 4:00 Sundowners, LR1 |
| | TRIPS ARE HIGHLIGHTED IN PINK Sign-up is required for any outing you wish to attend. | | MEETING PLACES TV4 - 4th Floor TV Room DR1 - 1st Floor Dining Room AR4 - 4th Floor Activity Room | TH2 - Town Hall Room 2nd Floor WR2 - Waterway Room 2nd Floor P1 - Pool | OUT - Outing LR4 - 4th Floor Living Room LR1 - 1st Floor Living Room | L2 - Lobby 2nd Floor DR1-L - 1st Floor Dining Room Lobby B2 - Bistro 2nd Floor |

February Birthdays

2/3 Miriam F.

2/11 Dave P.

2/13 Cathy Ca.

2/17 Diana L.

2/21 Nancy Br.



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Katie Pennick

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General Morelock

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Randy Bubar

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Ginger Gaskie

Director of Memory Care

Adele Teters

Director of Food and Beverage

Justin Whited

FRONT DESK CONCIERGE

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Independent Living *Calendar*

